

Where Hope Grows...Miracles Happen!



With the recent events surrounding AJ Freund, our community has suffered a tremendous tragedy and is grieving. We are feeling anger, sadness, sorrow, loss of hope and even other feelings that some cannot identify.

Where do we go from here? How does our community go through this grieving process together? How do we move past this tragedy with a renewed sense of purpose?

As a community, it is important to stop and reflect. Reflect on our own mental health needs and seek out healthy ways to address the grief, anger and sadness that we are all experiencing.

Each individual within our community; must also take some responsibility for supporting the mental wellness of this community as a whole. We must rebuild, strengthen and regain the feeling that there is hope and we must not lose sight of it. As a community, we must all take part in planting the seeds of hope in each individual in order to heal, rebuild and grow.

Our community will learn from this. We will heal from this. We will grow from this. We will plant the seeds of hope and **HOPE WILL GROW!**

Hope *Where Hope Grows...Miracles Happen!!*
CHANGES EVERYTHING

Checkout our website: namimchenrycounty.org