

NAMI Library Books

Topics	Author's Name (Last, first)	Title of Book	Date of Publication
ADD/ADHD	Davis, Ronald	The Gift of Learning: Proven New Methods for Correcting ADD, Math & Handwriting Problems	2003
ADD/ADHD	Stevens, Laura	12 Effective Ways to Help Your ADD/ADHD Child	2000
ADD/ADHD	Reiff, Michael	ADHA: A complete and Authoritive Guide	2004
ADD/ADHD	Mate, Gabor	Scattered: How Attention Deficit Disorder Originates and What You Can Do About It	1999
ADD/ADHD	Lawlis, Frank	The ADD Answer: How to Help Your Child Now	2004
ADD/ADHD	Lawlis, Frank	The IQ Answer: Maximizing Your Childs Potential	2006
ADD/ADHD	Heininger, Janet	From Chaos to Calm: Effective Parenting of Challenging Children with ADHD and Other Behavioral Problems	2001
ADD/ADHD	Hallowell, Edward	Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood	1994
ADD/ADHD	Adler, Lenard	Scattered Minds: Hope and Help for Adults with Attention Deficit Hyperactivity Disorder	2006
ADD/ADHD	Amen, Daniel G., M.D.	Healing ADD	2001
ADD/ADHD	Wender, Paul H., M.D.	Attention Deficit Hyperactivity Disorder in Adults	1995
ADD/ADHD	Riley, Douglas A.	The Defiant Child	1997
ADD/ADHD	Ozonoff, Sally , Dawson, Geraldine	A Parent's Guide to Asperger Syndrome & High Functioning Autism	2002
ADD/ADHD	Wodrich, David	ADHD: What Every Parent Wants to Know	2000
ADD/ADHD	Armstrong, Thomas	The Myth of the ADD Child	1995
ADD/ADHD	Martin, Dr. Grant	The Hyper Active Child	1984
ADD/ADHD	Adamec, Christine	Moms with ADD	2000
ADD/ADHD	Hartmann, Thom	ADD Success Stories	1995
ADD/ADHD	Fowler, Rick Dr.; Fowler, Jerilyn	"Honey Are You Listening?"	1995
ADD/ADHD	Solden, Sari, MS, MFCC	Women With Attention Deficit Disorder	1995
ADD/ADHD	Johnston, Hugh F, MD	Attention Deficit Hyperactivity Disorder in Adults: A Guide	2002
ADD/ADHD	Johnston, Hugh F, MD	Attention Deficit Hyperactivity Disorder in Children: A Medication Guide	2002
ADD/ADHD	Kirby, David	Evidence of Harm	2005
ADD/ADHD	Haber, Julian Stuart	ADHD - The Great Misdiagnosis	2003
ADD/ADHD	Nadeau, Kathleen G.	Understanding Girls with AD/HD	1999
ADD/ADHD	Catalano, Robert A.	When Autism Strikes	1998
Advocacy	DeBecker, Gavin	The Gift of Fear: Survival Signals That Protect Us From Violence	1997
Advocacy	Boland, Mary L.	Your Right to Child Custody, Visitation and Support	2000
Advocacy	Allness, Deborah; Knoedler, William	The PACT Model of Community Based Treatmentfor Persons with Severe and Persistent Mental Illnesses	1998
Alcohol Abuse	Volpicelli, Joseph	Recovery Options The Complete Guide: How You and Your Loved Ones Can Understand and Treat Alcohol and Other Drug Problems	2000
Alcohol Abuse	Sandmaier, Marian	The Invisible Alcoholics: Women and Alcohol Abuse in America	1980

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Alcohol Abuse	Alcoholics Anonymous World Services, Inc	Alcoholics Anonymous	2001
Alcohol Abuse	Corser, Kira	When the Bough Breaks: Pregnancy and the Legacy of Addiction	1993
Alcohol Abuse	Al-Non Family Group	One Day At A Time In Al-Anon	
Alcohol Abuse	Mathews-Larson, Joan	Seven Weeks to Sobriety	1997
Alcohol Abuse	Gravity, Herbert & Bowden, Judith	Recovery: A Guide for Adult Children of Alcoholics	1985
Alcohol Abuse	Steiner, Claude, Ph.D.	Games Alcoholics Play	1971
Alternative Therapies	Low, Abraham	Mental Health Through Will-Training	1950
Alternative Therapies	Low, Abraham	Mental Health Through Will-Training	1950
Alternative Therapies	Gladstar, Rosemary	Herbal Healing for Women	1993
Alternative Therapies	Brown, Barbara	Stress & the Art of Biofeedback	1977
Alternative Therapies	Fezler, William Ph.D. & Field, Eleanor S.	The Good Girl Syndrome	1985
Anxiety	Weekes, Claire	Hope and Help for Your Nerves	1969
Anxiety	Ross, Jerilyn	Triumph Over Fear: A Book of Help and Hope for People with Anxiety, Panic Attacks, and Phobias	1994
Anxiety	Strauss, Claudia	Talking to Anxiety: Simple Ways to Support Someone in Your Life Who Suffers from Anxiety	2004
Anxiety	Baer, Lee	The Imp of the Mind: Exploring the Silent Epidemic of Obsessive Bad Thoughts	2001
Anxiety	Peurifoy, Reneau	Overcoming Anxiety: For Short-Term Fixes and Long-Term Fixes	1997
Anxiety	Hall, Lindsay; Cohn, Leigh	Eating Without Fear, A Guide to Understanding and Overcoming Bulimia	1990
Anxiety	Hampshire, Elizabeth	Freedom From Food	1990
Anxiety	Overeaters Anonymous	Overeaters Anonymous	1980
Anxiety	Wilson, R. Reid	Don't Panic - Taking Control of Anxiety Attacks	1986
Anxiety, OCD, PTSD, Panic Disorder	Minirth, Frank; Hemfelt, Robert	Love Hunger-Recovery from Food Addiction	1990
Anxiety, OCD, PTSD, Panic Disorder	Greist, John Jefferson, James	Post Traumatic Stress Disorder	2000
Anxiety, OCD, PTSD, Panic Disorder	Herrin, Marcia & Matsumoto, Nancy	The Parent's Guide to Childhood Eating Disorders	2002
Anxiety, OCD, PTSD, Panic Disorder	Kalodner, Cynthia R.	Too Fat or Too Thin	2003
Anxiety, OCD, PTSD, Panic Disorder	Masterson, James	The Search for the Real Self	1988
Anxiety, OCD, PTSD, Panic Disorder	Greist, John & Jefferson, James & Marks, Isaac	Anxiety and Its Treatment	1986
Anxiety, OCD, PTSD, Panic Disorder	Vredevelt, Pam; Newman, Deborah; Beverly, Harry; Minirth, Frank	Understanding & Overcoming Anorexia & Bulimia: The Thin Disguise	1992

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Anxiety, OCD, PTSD, Panic Disorder	Kirberger, Kimberly	No Body's Perfect	2003
Anxiety, OCD, PTSD, Panic Disorder	Pipher, Mary	Hunger Pains, The Women's Tragic Quest for Thinness	1995
Anxiety, OCD, PTSD, Panic Disorder	Roth, Geneen	On The Search For True Nourishment	1996
Anxiety, OCD, PTSD, Panic Disorder	Jefferson, James W.; Greist, John H.	Trichotillomania: A Guide	1998
Anxiety, OCD, PTSD, Panic Disorder	Jefferson, James W.; Greist, John H.	Panic Disorder and Agoraphobia: A Guide	2001
Anxiety, OCD, PTSD, Panic Disorder	Roth, Geneen	Breaking Free From Compulsive Eating	1986
Anxiety, OCD, PTSD, Panic Disorder	Schmidt, Leonard	Panic: Origins, Insight, and Treatment	2002
Asperger's Syndrome	Romanowski Base, Oatricia & Kirby, Barbara L.	The Oasis Guide to Asperger Syndrome	2001
Autism	Sicile-Kira, Chantal	Adolescents on the Autism Speculum	2006
Autism	Sicile-Kira, Chantal	Autism Spectrum Disorder	2004
Autism	Koegel, Lynn	Overcoming Autism: Finding the Answers, Strategies, and Hope That Can transform a Child's Life	2004
Autobiography	Simon, Clea	Mad House	1997
Autobiography	Styron, William	Darkness Visible: A Memoir of Madness	1990
Autobiography	Early, Pete	Crazy: A Father's Search Through America's Mental Health Madness	2006
Autobiography	Moorman, Margaret	My Sister's Keeper: Learning to Cope with a Sibling's Mental Illness	1992
Autobiography	Graham, Katharine	Personal History	1997
Autobiography	Jamison, Kay	An Unquiet Mind: A Memoir of Moods and Madness	1995
Autobiography	Manning, Martha	Undercurrents: A Therapists Reckoning with Her Own Depression	1994
Autobiography	Thompson, Tracy	The Beast: A Reckoning with Depression	1961
Autobiography	Rubin-Rabsin, Grace	Autobiography of a Schizophrenic Girl	1951
Autobiography	Shields, Brooke	Down Came the Rain: My Journey Through Postpartum Depression	2005
Autobiography	Rivers, Joan	Bouncing Back: I Survived Everything	1997
Biography	Nasar, Sylvia	A Beautiful Mind: The Life of Mathematical Genius and Nobel Laureate John Nash	1998
Biography	Collins, Judy	Sanity & Grace	2003
Biography	Farrow, Mia	What Falls Away	1997
Biography	Norville, Deborah	Back on Track, How to Straighten Out Your Life When It Throws You a Curve	1997
Biography	Neugeboren, Jay	Imaging Robert	1997
Biography	Thayne, Emma Lou & Markosian, Becky	Hope and Recovery	1992
Biography	Pauley, Jane	Skywriting, A Life Our of The Blue	2004
Biography	Pelzer, Dave	The Lost Boy	1997

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Biography	Pelzer, Dave	A Child Called "It"	1995
Biography	Pelzer, Dave	A Man Named Dave	1999
Biography	Pelzer, Dave	Help Yourself	2000
Biography	Strong, Maggie	Mainstay, For The Well Spouse of the Chronically Ill	1988
Biography	Cardwell, Dave W.	No More Secrets- A Courageous Journey to Recovery	2002
Biography	Etienne, Marie	Confessions of A Bi-Polar Mardi Gras Queen	2009
Biography	Chase, Truddi	When Rabbits Howls: A First-Person Account of Multiple Personality, Memory, and Recovery	1987
Biography	Cousins, Norman	The Healing Heat: Antidotes to Panic and Helplessness	1983
Biography	Burnett, Carol	One More Time	1986
Biography	Lyden, Jacki	Daughter of the Queen of Sheba	1997
Biography	Manning, Martha	Undercurrents: A life Beneath the Surface	1994
Biography	Schiller, Lori	The Quiet Room: A Journey Out of the Torment of Madness	1994
Biography	Sheehan, Susan	Is There No Place On Earth For Me?	1982
Biography	Stephens, M.G.	Where the Sky Ends: A Memoir of Alcohol & Family	1999
Biography	Olson, Charlene	"He Was Still My Daddy": Coming to Terms With Mental Illness	1994
Biography	Ram, Neil	"My Dear Ones"	1971
Biography	Dostoevsky, Fedor	Memoirs From The House of Dead	1861
Bipolar	Whybrow, Peter	A Mood Apart: Depression, Mania, and Other Afflictions of the Self	1997
Bipolar	Oliwenstein, Lori	Taming Bipolar Disorder	2004
Bipolar	Duke, Patty	A Brilliant Madness	1992
Bipolar	Brown, Marie-Annette & Robinson, Jo	When Your Body Gets the Blues	2002
Bipolar	James, Jennifer	Women & The Blues	1988
Bipolar	Resnick, Susan Kushner	Sleepless Days	2000
Bipolar	Ferber, Jane S.	A Woman's Doctor's Guide to Depression	1997
Bipolar, Depression	Jefferson, James W.; Endicott, Jean PhD	Premenstrual Dysphoric Disorder - A Guide	2003
Bipolar, Depression	Jefferson, James W.; Greist, John H.	Divalproex and Bipolar - A Guide	2003
Bipolar, Depression	Mueser, Kim; Gingerich, Susan	Coping With Schizophrenia - A Guide for Families	1994
Bipolar, Depression	Wyden, Peter	Conquering Schizophrenia	1997
Bipolar, Depression	McCoy, Kathleen	Coping With Teenage Depression	1982
Bipolar, Depression	Mondimore, Francis Mark	Adolescent Depression: A Guide for Parents	2002
Bipolar, Depression	Casey, Neil	Unholy Ghost - Writers on Depression	2001
Brain Biology, Neurology	Veggeberg, Scott	Medication of the Mind	1996
Brain Biology, Neurology	Senelick, Richard	Living With Brain Injury: A Guide For Families	2001

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Brain Biology, Neurology	Andreasen, Nancy	The Broken Brain: The Biological Revolution in Psychiatry	1984
Brain Biology, Neurology	Buzan, Tony	Use Both Sides of Your Brain	1989
Brain Biology, Neurology	Barondes, Samuel	Molecules & Mental Illness	1992
Brain Biology, Neurology	Restak, Richard M., M.D.	The Mind	1988
Brain Biology, Neurology	Greenspan, Stanley	The Growth of the Mind	1997
Co-dependency	Becnel, Barbara	Co-Dependent: Free Yourself by Freeing Your Child	1990
Depression	Rosenthal, Norman	Winter Blues: Seasonal Affective Disorder What It Is and How to Overcome It	1993
Depression	Olson, Bob	Win the Battle: The 3-Step Lifesaving Formula to Conquer Depression and Bipolar Disorder	1999
Depression	Schad-Somers, Susanne	On Mood Swings: The Psychobiology of Elation & Depression	1990
Depression	Real, Terrence	I Don't Want To Talk About It: Overcoming the Secret Legacy of Male Depression	1997
Depression	O'Connor, Richard	Undoing Depression: What Therapy Doesn't Teach You and Medication Can't Give You	1997
Depression	McCoy, Kathleen	Understanding Your Teenager's Depression: Issues, Insights, and Practical Guidance for Parents	1994
Depression	Kramer, Peter	Against Depression	2005
Depression	Cronkite, Kathy	On The Edge Of Darkness	1994
Depression	Cytryn, Leon	Growing Up Sad: Childhood Depression and Its Treatment	1996
Depression	Carter, Les	The Freedom From Depression Workbook	1995
Depression	Fieve, Ronald	Mood swing: Dr. Fieve on Depression	1975
Depression	Dowling, Coletee	You Mean I Don't <i>Have</i> to Feel This Way?: New Help for Depression, Anxiety, and Addiction	1991
Depression	Wurtzel, Elizabeth	Prozac Nation	1994
Depression	Peoples Medical Society	Depression, Questions You have and answers you need	1995
Depression	Simon, Julian L.	Good Mood: The New Psychology of Overcoming Depression	1993
Depression	Gottesman, Irving I.	Schizophrenia Genesis, The Origin of Madness	1991
Disabilities	Klein, Stanley	Reflections From A Different Journey: What Adults with Disabilities Wish All Parents Knew	2004
Drug Abuse	Sweet, Corinne	Overcoming Addiction: Positive Steps for Breaking Free of Addiction and Building Self-esteem	1994
Drug Abuse	Neff, Pauline	Tough Love: How Parents Can Deal With Drug Abuse	1982
Drug Abuse	Ortman, Dennis	The Dual Diagnosis Recovery Sourcebook	2001
Eating Disorders	Siegel, Michele	Surviving an Eating Disorder: Strategies for Family and Friends	1988
Eating Disorders	Landau, Elaine	Why are they Starving Themselves?	1983
Eating Disorders	Roth, Roth	Breaking Free From Compulsive Eating	1984

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Eating Disorders	Zerbe, Kathryn J., M.D.	The Body Betrayed: A Deeper Understanding of Women, Eating Disorders, and Treatment	1993
Eating Disorders	Ferguson, Sarah	What I Know: Simple Lessons Learned the Hard Way	2003
General Psychology	Stout, Martha	The Myth of Sanity: Divided Consciousness and the Promise of Awareness	2001
General Psychology	Evans, Patricia	The Verbally Abusive Relationship	1992
General Psychology	Stout, Margaret	The Sociopath Next Door	2005
General Psychology	Burns, David D., MD	Feeling Good, The New Mood Therapy	1980
General Psychology	Burns, David D., MD	Feeling Good Handbook	1980
General Psychology	Smith, Antony	The Mind	1984
General Psychology	Lundman, Richard J.	Prevention & Control Of Juvenile Delinquency	1984
General Psychology	Brown, Nina W.	Children Of The Self-Absorbed: A Grownups' Guide to Getting Over Narcissistic Parents	2001
General Psychology	Peale, Norman Vincent	The Power of Positive Thinking	1952
Homelessness	Torrey, Fuller	Nowhere To Go: The Tragic Odyssey of the Homeless Mentally III	1988

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Inspirational	Breathnach, Sarah	Simple Abundance: A Daybook of Comfort and Joy	1995
Inspirational	Canfield, Jack	Chicken Soup for the Parent's Soul: Stories of Loving, Learning and Parenting	2000
Inspirational	Canfield, Jack	Chicken Soup for the Teenage Soul on Tough Stuff: Stories of rough Times and Lessons Learned	2001
Inspirational	Cloud, Henry	Boundaries: When to Say YES When to Say NO To Take Control of Your Life	1992
Inspirational	Hauser, Marc	Images From Within: Portraits of People Confronting Mental Illness	1999
Inspirational	Canfield, Jack	Chicken Soup for the Teenage Soul: The Real Deal	2005
Inspirational	Kuykendall, Carol	Learning to Let Go	1985
Inspirational	Fish, Sharon & Shelly,J.	Spiritual Care- The Nurse's Role	1983
Inspirational	Harris, Maxine	The Loss That is Forever	1995
Inspirational	Breathnach, Sarah Ban	Something More Excavating Your Authentic Self	1998
Inspirational	McGoldrick, Walsh and Monica	Living Beyond Loss: Death in The Family	1991
Inspirational	Johnson, Katie; McCammond, Trudy; Theisen, Penny; Miele, Lucy	Wednesday's Child is Full of Woe - Hoping Children Cope with Grief	1991
Judicial	Shannon, Brian	Texas Criminal Procedure and the Offender with Mental Illness: An Analysis and Guide	1999
Judicial	Simmons, J.L.	76 Ways to Protect Yours Child From Crime	1992
Life Skills, School Issues, Employment	McCullough, Virginia E.	Testing & Your Child	1992
Life Skills, School Issues, Employment	Stein, David	Ritalin Is Not The Answer	1999
Life Skills, School Issues, Employment	Ziglar, Zig	Raising Positive Kids In A Negative World	1989
Life Skills, School Issues, Employment	Leftin, Howard	The Family Contract	1990
Life Skills, School Issues, Employment	Tannen, Deborah	The Argument Culture	1998
Life Skills, School Issues, Employment	Phelps, Stanlee; Austin, Nancy	The Assertive Woman	1975
Life Skills, School Issues, Employment	Smith, Sally L.	No Easy Answers	1979
Life Skills, School Issues, Employment	Severe, Sal	How To Behave So Your Children Will, Too!	1997
Life Skills, School Issues, Employment	Greene, Lawrence	The Life-Smart Kid	1995
Life Skills, School Issues, Employment	Rosemond, John	Teen-Proofing	1998
Life Skills, School Issues, Employment	Wallerstein, Judith; Blakeslee, Sandra	What About The Kids	2003

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Life Skills, School Issues, Employment	Covey, Stephen	The 7 Habits of Highly Effective Families	1997
Life Skills, School Issues, Employment	Schlessinger, Laura	How Could You Do That?! The Abdication of Character, Courage, and Conscience	1996
Life Skills, School Issues, Employment	Papernow, Patricia	Becoming A Stepfamily	1993
Life Skills, School Issues, Employment	Campbell, Ross	Kids In Danger; Training Your Child to Tame the Destructive Power of Anger	1995
Life Skills, School Issues, Employment	Feuer, Jack	Good Men: A Practical Handbook for Divorced Men	1997
Life Skills, School Issues, Employment	Barnes, Robert G.	Single Parenting: A Wilderness Journey	1987
Life Skills, School Issues, Employment	Schimmels, Cliff Dr.	What Parents Try To Forget About Adolescence	1989
Life Skills, School Issues, Employment	Aslett, Don	How To Have A 48-Hour Day	1996
Life Skills, School Issues, Employment	Beattie, Melody	Beyond Codependency	1989
Life Skills, School Issues, Employment	Beattie, Melody	Beyond Codependency	1989
Life Skills, School Issues, Employment	Davidson, Jeff	The Complete Idiot's Guide to Managing Your Time	1995
Life Skills, School Issues, Employment	Giannetti, Charlene; Sagarese, Margaret	The Roller Coaster Years: Raising Your Child Through the Maddening Yet Magical Middle School Years	1997
Life Skills, School Issues, Employment	Hoffman, Norman E.	Bad Children Can Happen To Good Parents	2007
Life Skills, School Issues, Employment	Kesler, Jay	Ten Mistakes Parents Make With Teenagers (And How To Avoid Them)	1988
Life Skills, School Issues, Employment	Korem, Dan	Streetwise Parents , Foolproof Kids	1992
Life Skills, School Issues, Employment	Riera, Michael; Di Prisco, Joseph	Field Guide To The American Teenager	2000
Life Skills, School Issues, Employment	Wiseman, Rosaling	Queen Bees & Wannabes	2002
Life Skills, School Issues, Employment	Greenspan, Stanley	The Challenging Child	1995
Life Skills, School Issues, Employment	Kurcinka, Mary Sheedy	Raising Your Spirited Child	1998
Life Skills, School Issues, Employment	Webb, Margot	Coping With Overprotective Parents	1990

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Life Skills, School Issues, Employment	Bridges, William	Making Sense of Life's Changes - Transitions	1980
Life Skills, School Issues, Employment	Alexander, Shoshana	In Priase of Single Parents	1994
Life Skills, School Issues, Employment	Beattie, Melody	Codependent No More	1987
Life Skills, School Issues, Employment	Bonkowski, Sara	Kids Are Non Divorceable	1987
Life Skills, School Issues, Employment	Springle, Pat	Codependency: Breaking Free From The Hurt and Manipulation of Dysfunctional Relationships	1990
Life Skills, School Issues, Employment	Adamec, Christine	How To Live With A Mentally Ill Person	1996
Life Skills, School Issues, Employment	Cline, Foster; Fay, Jim	Parenting Teens With Love & Logic	1992
Life Skills, School Issues, Employment	Rich, Dorothy	MegaSkills- In School and in Life-The Best Gift You Can Give Your Child	1992
Life Skills, School Issues, Employment	Seligman, Martin	The Optimistic Child	1995
Medications	Gorman, Jack	The Essential Guide to Psychiatric Drugs	1990
Medications	Silverman, Harold	The Pill Book: The Illustrated Guide to the Most-Prescribed Drugs In the United States	1986
Medications	Turkington, Carol	Making the Prozac Decision: A Guide to Antidepressants	1995
Medications	Appleton, William	The New Antidepressants and Antianxieties	1997
Medications	Appleton, William	Prozac and the New Antidepressants	1997
Medications	Consumer Guide	Prescription Drugs For People Over 50	2003
Medications	Pierpaoli, Walter & Regelson, William	The Melatonin Miracle	1995
Medications	Mitchell, E. Siobhan	Antidepressants	2004
Medications	Sahelian, Ray MD	Melatonin, Nature's Sleeping Pill	1995
Medications	Diller, Lawrence H.	Running on Ritalin	1998
Medications	Hale, Thomas W.	Medications and Mother's Milk	1992
Meditation	Benson, Herbert	The Relaxation Response	1975
Mental Illness, General Psychology	Torrey, Fuller	Out Of The Shadows: Confronting America's Mental Illness Crisis	1997
Mental Illness, General Psychology	Seligman, Martin	What You Change & What You Can't: The Complete Guide to Successful Self-Improvement	1993
Mental Illness, General Psychology	Siever, Larry	The New View of Self: How Genes and Neurotransmitters Shape Your Mind, Your Personality, and Your Mental Health	1997
Mental Illness, General Psychology	Stoop, David	Forgiving Our Parents Forgiving Ourselves: Healing Adult Children of Dysfunctional Families	1991

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Mental Illness, General Psychology	Sills, Judith	Excess Baggage: Getting out of Your Own Way	1993
Mental Illness, General Psychology	Paulson, Pat	Living on Purpose	1988
Mental Illness, General Psychology	Johnston, Joni	The Complete Idiot's Guide to Psychology: Third Edition	2006
Mental Illness, General Psychology	Heyward, Carter	When Boundaries Betray Us	1993
Mental Illness, General Psychology	Gutkind, Lee	Stuck In Time: The Tragedy of Childhood Mental Illness	1993
Mental Illness, General Psychology	Frattaroli, Elio	Healing the Soul in the Age of the Brain	2001
Mental Illness, General Psychology	Elkind, David	The Hurried Child Growing Up Too Fast Too Soon	1981
Mental Illness, General Psychology	Bentall, Richard	Madness Explained Psychosis and Human Nature	2003
Mental Illness, General Psychology	Neugeboren, Jay	Transforming Madness	1999
Mental Illness, General Psychology	Oates, Wayne	The Religious Care of the Psychiatric Patient	1990
Mental Illness, General Psychology	Schoenbrodt, Lisa	Children with Traumatic Brain Injury	2001
Mental Illness, General Psychology	Kindlon, Dan and Thompson, Michael	Raising Cain - Protecting The Emotional Life of Boys	1999
Mental Illness, General Psychology	Wolman, Benjamin	The Family Guide to Mental Health	1991
Mental Illness, General Psychology	Mueller, William & Aniskiewicz, Albert	Psychotherapeutic Intervention in Hysterical Disorders	1986
Mental Illness, General Psychology	Ratey, John J.	Shadow Syndromes	1997
Mental Illness, General Psychology	Pennebaker, James	Opening Up	1990
Mental Illness, General Psychology	Simmons, Rachel	Odd Girl Out	2002
Mental Illness, General Psychology	Perls, Frederick, MD, PhD; Hefferline, Ralph F, PhD; Goodman, Paul, PhD	Gestalt Theory	1951
Mental Illness, General Psychology	Vaughan, Susan M.D.	The Talking Cure	1997

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Mental Illness, General Psychology	LaPlante, Eve	Siezed	1993
Mental Illness, General Psychology	Teyber, Edward	Helping Children Cope With Divorce	1992
Mental Illness, General Psychology	Pipher, Mary	The Shelter of Each Other: Rebuilding Our Families	1996
Mental Illness, General Psychology	Andreasen, Nancy	Introductory Textbook of Psychiatry	1991
Mental Illness, General Psychology	Gorman, Jack	The New Psychiatry	1996
Mental Illness, General Psychology	Hatfield, Agnes; Lefly, Harriet	Surviving Mental Illness	1993
Mental Illness, General Psychology	Whybrow, Peter	A Mood Apart: Depression, Mania, and Other Afflictions of the Self	1997
Mental Illness, General Psychology	Amador, Xavier	I Am Not Sick I Don't Need Help!	2007
Mental Illness, General Psychology	Piaget, Gerald	Control Freaks: Who They Are and How To Stop Them From Running Your Life	1991
Mental Illness, General Psychology	Young, Jeffrey	Reinventing Your Life: The Breakthrough Program to End Negative Behavior...and Feel Great Again	1993
Nutrition	Stewart, Leighton	Sugar Busters! Cut Sugar to Trim fat	1998
Nutrition	Pfieffer, Cal	Mental and Elemental Nutrients: A Physician's Guide to Nutrition and Health Care	1975
Nutrition	William, Legro	High-Speed Healing: Rapid-Action Remedies	1991
Nutrition	Lopez, David	Enzymes	1994
Nutrition	Hunt, Douglas, M.D.	No More Fears	1988
Nutrition	Tousley, Dirk	The Chiropractic Handbook for Patients	1983
Nutrition	Appleton, Nancy	Lick The Sugar Habit	1996
Nutrition	Borysenko PhD, Joan	Minding The Body, Amending the Mind	1988
Nutrition	Weil, Andrew	Spontaneous Healing	1995
Nutrition	Weil, Andrew	8 Weeks to Optimum Health	1997
Nutrition	Tubesing, Donald; Tubesing, Nancy	Seeking Your Healthy Balance	1991
Nutrition	Smith, Lendon	Feed Your Body Right	1994
Nutrition	Rapoport, Alan; Sheftell, Fred D.	Headache Relief for Women	1995
Nutrition	Swank, Roy Laver; Dugan, Barbara Brewer	The Multiple Sclerosis Diet Book	1977
Nutrition	Null, Gary PhD	Healing With Magnets	1998
Nutrition	Seamands, David	Healing for Damaged Emotions	1981
Nutrition	Warner, Andrew; Barto, Amy	100 Questions & Answers About Crohn's Disease and Ulcerative Colitis	2007
Nutrition	Ferber, Richard	Solve Your Child's Sleep Problems	1985

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Nutrition	Sichel, Deborah M.D.; Driscoll, Jeanne Watson	Womern's Moods	1999
Nutrition	Greene, Bob & Winfrey, Oprah	Make The Connection: Ten Steps to A Better Body-And A Better Life	1996
Nutrition	Schapiro, Randall	Symptom Management In Multiple Sclerosis	1998
Obsessive Compulsive Disorder	Repoport, Judith	The Boy Who Couldn't Stop Washing: The Experience and Treatment of Obsessive-Compulsive Disorder	1989
Obsessive Compulsive Disorder	Schmartz, Jeffrey	Brain Lock: Free Yourself from Obsessive-Compulsive Behavior	1996
Obsessive Compulsive Disorder	Grayson, Jonathan	Freedom from Obsessive-Compulsive Disorder	2003
Obsessive Compulsive Disorder	Gravitz, Herbert	Obsessive Compulsive Disorder: New Help for the Family	1998
Obsessive Compulsive Disorder	Baer, Lee	Getting Control: Overcoming Your Obsessions and Compulsions	1991
Obsessive Compulsive Disorder	Nakken, Craig	The Addictive Personality: Understanding the Addictive Process and Compulsive Behavior	1988
Obsessive Compulsive Disorder	Henley, Arthur	Phobias- The Crippling Fears	1987
Parenting	Bernheim, Kayla F.	Working with Families of the Mentally Ill	1985
Parenting	Woolis, Rebecca	When Someone You Love Has A Mental Illness: A Handbook for Family, Friends, and Caregivers	1992
Parenting	Brown, Scott	How to Negotiate with Kids...even when you think you shouldn't	2003
Parenting	Ekman, Paul	Why Kids Lie: How Parents Can Encourage Truthfulness	1989
Parenting	Bloomfield, Harold	Making Peace in Your Stepfamily	1993
Parenting	Neuharth, Dan	If You Had Controlling Parents: How to Make Peace with Your Past and Take Your Place in the World	1998
Parenting	Poland, Janet	The Demanding Child	1996
Parenting	Russell, Mark	Planning for the Future: Providing a Meaningful Life for a Child with a Disability after Your Death	1993
Parenting	Whitley, Michael	Bright Minds, Poor Grades: Understanding and Motivating Your Underachieving Child	2001
Parenting	Russell, Mark	Alternatives	1983
Parenting	Sylwester, Robert	Student Brains School Issues: A Collection of Articles	1998
Parenting	Witkin, Georgia	Kid Stress: What It Is, How It Feels, How to Help	1999
Parenting	Sohn, Alan	Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills	2005
Parenting	Berry, Joy	Teach me about separation	1984
Parenting	Berry, Joy	Being Bullied	1988
Parenting	Samailin, Nancy	Love and Anger	1991
Parenting	Steinberg, Laurence & Levine, Ann	You & Your Adolescent, A Parents Guide For Ages 10-20	1981

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Parenting	Wallerstein, Judith & Berlin-Kelly, Joan	Surviving The Breakup: How Children and Parents Cope with Divorce	1980
Parenting	Sullivan, Barbara	No Two Alike: Using Birth Order Principles To Meet Each Childs Needs	1987
Parenting	Loseff-Lavin, Judith	Special Kids Need Special Parents	2001
Parenting	Mehren, Elizabeth & Kushner, Rabbi Harold	After The Darkest Hour The Sun Will Shine: A Parents Guide To Copping With the Loss Of a Child	1997
Parenting	Smith, Wes	Hope & Meadows: Real Life Stories of Healing & caring	2001
Parenting	Scott, Sharon & Hindmarsh, Wayne	Too Cool For Drugs	1993
Parenting	Reeves, Douglas, Ph.D.	20-Minute Learning Connection	2001
Parenting	Greene, Ross W.	The Explosive Child	2001
Parenting	Greene, Ross W.	The Explosive Child	2001
Parenting	Rathvon, Natalie	The Unmotivated Child	1996
Parenting	Parrott III, Les	Helping The Struggling Adolescent	1993
Parenting	Goldberg, Donna	The Organized Student	2005
Poetry	Various	Word Explosion: Treasures in Poetry & Verse by the Mentally Ill	1989
Reference	Campbell, Robert	Psychiatric Dictionary	1940
Reference	Reber, Arthur	Dictionary of Psychology	1985
Reference	PDR 49 Edition	Physicians' Desk Reference	1995
Reference	U.S. Directory Service	The Hospital Phone Book	1998
Reference	The National Alliance on Mental Illness	Grading the States: A report on America's Health Care System for Serious Mental Illness	2006
Reference	American Psychiatric Association	Diagnostic and Statistical Manual of Mental Disorders	2000
Reference	Thomson PDR- Physician's Desk Reference	PDR For Nutritional Supplements	2001
Rehabilitation	Whitfield, Charles	Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families	1987
Rehabilitation	Hodgson, Harriet	Parents Recover Too: When Your Child Comes Home from Treatment	1988
Rehabilitation	Center For Psychiatric Rehabilitation	The Role of the Family in Psychiatric Rehabilitation	2000
Rehabilitation	Low, Abraham A.	Mental Health Through Will-Training	1950
Schizophrenia	Torrey, Fuller	Surviving Schizophrenia: A Manual for Families, Consumers and Providers	2001
Schizophrenia	Torrey, Fuller	Schizophrenia and Manic-Depressive Disorder	1994
Schizophrenia	Torrey, Fuller	Surviving Schizophrenia: A Manual for Families, Consumers and Providers	1995
Schizophrenia	Mendel, Werner	Treating Schizophrenia	1989
Schizophrenia	Nasrallah, Henry	The Patient With Schizophrenia	2003
Schizophrenia	Keefe, Richard	Understanding Schizophrenia: A Guide to the New Research on Causes and Treatment	1994
Schizophrenia	Deveson, Anne	Tell Me I'm Here: One Family's Experience of Schizophrenia	1991
Schizophrenia	Dearth, Nona	Families Helping Families: Living with Schizophrenia	1986

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Schizophrenia	Backlar, Patricia	The Family Face of Schizophrenia: True Stories of Mental Illness With Practical Advice From America's Leading Experts	1994
School Issues	Johnson, David	Reducing School Violence Through Conflict Resolution	1995
Self-Injury	Strong, Marilee	A Bright Red Scream: Self-Mutilation and the Language of Pain	1998
Sexual Abuse	Davis, Laura	Allies in Healing; When The Person You Love Was Sexually Abused ad a Child	1991

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Sexual Abuse	Davis, Laura	The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse	1990
Sexual Abuse	Davis, Laura	The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse	1994
Sexual Abuse	Engel, Beverly	The Right to Innocence: Childhood Sexual Abuse	1982
Sexual Abuse	Kunzman, Kristin	The Healing Way: Adult Recovery from Childhood Sexual Abuse	1990
Sexual Abuse	Hagans, Kathryn B. & Case, Joyce	When Your Child Has Been Molested: A Parents Guide To Healing & Recovery	1988
Sleep	Hobson, Allen	Sleep	1989
Suicide	Roleff, Tamara	Suicide: Opposing Viewpoints	1998
Suicide	Ellis, Thomas	Choosing to Live: How to Defeat Suicide Through Cognitive Therapy	1996
Suicide	Levenkron, Steven	Cutting-Understanding and Overcoming Self-Mutilation	1999
Suicide	Vawter, John	Hit By A Ton of Bricks	1994
Suicide	Living Works Education	Suicide Intervention Handbook	1994
Suicide	Narcotics Anonymous World	It Works How And Why	1993
Suicide	Lester, David	The Enigma of Adolescent Suicide	1993
Suicide	Graber, Ken	A Guide For Partners of Incest Survivors	1991
Suicide	Throop, John	Dealing With Suicide	1989
Suicide	Rosen Publishing Group	Everything You Need To Know About Self-Mutilation	1998
Suicide	Ng, Gina	Everything You Need To Know About Self-Mutilation	1998
Suicide	Alcololics Anonymous Inc.	Living Sober	1975
Suicide	Beattie, Melody	A Reason To Live	1991
Suicide	Wertheimer, Alison	A Special Scar	1991
Suicide	Edwards, Griffith	Alcohol - The World's Favorite Drug	2000
Teaching Resources	Schiff, Harriet	Support Group Manual: A Session-By-Session Guide	1996
Teaching Resources	Armstrong, Thomas	Multiple Intelligences In The Classroom	1994
Teaching Resources	Burke, Kay	What to Do With The Kid Who..	2000
Teaching Resources	Chapman, Carolyn	If The Shoe Fits.....	1993
Teaching Resources	Lazear, David	Eight Ways of Teaching	2003
Teaching Resources	Gardner, Howard	Eight Ways of Knowing	1999
Teaching Resources	Rodriguez, Eleanor Renee & Bellanca, James	What Is It About Me You Can't Teach?	1996
Teaching Resources	Rief, Sandra F.	How To Reach and Teach ADD/ADHD Children	1993
Teaching Resources	Sternberg, Robert and Grigorenko, Elena L.	Teaching for Successful Intelligence	2000
Teaching Resources	Phihhner, Linda J.	All About ADHD	1996
Teaching Resources	Cecil, Nancy Lee & Lauritzen, Phyllis	Literacy and the Arts for the Integrated Classroom	1994
Teaching Resources	Bradley, Dianne F., King-Sears, Margaret E.	Teaching Students in Inclusive Settings	1997
Teaching Resources	Bruun, Erik	Test Your Child's IQ Skills	

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Teaching Resources	Kerr, Mary Margaret & Nelson. C. Michael	Strategies for Addressing Behavior Problems in the Classroom	2002
Teaching Resources	Hoover, John; Patton, James	Curriculum Adaptations for Students with Learning and Behavioral Problems	1997
Teaching Resources	Simon, Sidney B.; Howe, Leland; Kirschenbaum, Howard	Values Clarification	1972
Teaching Resources	Myrick, Robert; Bowman, Robert	Children Helping Children: Teaching Students to Become Friendly Helpers	1981
Teaching Resources	Myrick, Robert; Bowman, Robert	Becoming A Friendly Helper: A Handbook for Student Facilitators	1981
Teaching Resources	Thorpe, Scott	How to Think Like Einstein	2000
Teaching Resources	Levin, Diane E.	Teaching Young Children in Violent Times	1994
Teaching Resources	Johson, Todd; Bellance, James	STAR Choices : Student Training For Achieving Responsibility	1989
Teaching Resources	Pannell, Steve	Dozer's Quintessential Guide to Computer Literacy	2003
Teaching Resources	Fogarty, Robin; Bellanca, James	Teach Them Thinking: Mental menus for 24 Thinking Skills	1986
Teaching Resources	Williams, R. Bruce; Dunn, Steven E.	Brain Compatible Learning For the Block	2000
Teaching Resources	Cummings, Carol	Winning Strategies for Classroom Management	2000
Teaching Resources	Charles, C.M.	Building Classroom Discipline	1996
Teaching Resources	Stein, Rita; Richin, Roberta; Banyon, Richard; Banyon, Francine; Stein, Marc	Connecting Character to Conduct	2000
Teaching Resources	Kersey, Kathrine C. ED.D	Don't Take It Out On Your Kids!	1990
Wellness	Buckalew, M.W.	Learning to Control Stress	1979
Wellness	Wise, Anna	Awakening the Mind: A Guide to Mastering the Power of Your Brain Waves	2002
Wellness	Gamlin, Linda	The Allergy Bible	2001
Wellness	Axline, Virginia	Dibs in Search of Self	1964
Wellness	Crohn's and Colitis Foundation	Crohns Disease and Colitis Book	1983

ADD/ADHD (1)
Advocacy (7)
Alcohol Abuse (4)
Alternative Therapies (8)
Anxiety (3)
Asperger's Syndrome (1)
Autism (1)
Autobiography (12)
Biography (12)
Bipolar (2)
Brain Biology, Neurology (10)
Co-dependency (6)
Conduct Disorder (1)
Data/Record Keeping (9)
Depression (2)
Drug Abuse (4)
Eating Disorders (3)
Employment (6)
Essays (12)
General Psychology (5)
Homeless Living Arrangements (15)
Inspirational (13)
Judicial (7)
Life Skills (6)
Medications (9)
Meditation (8)
Mental Illness, General Psychology (5)
Motivational (13)
Nutrition (8)
Obsessive Compulsive Disorder (OCD) (3)
Panic (3)
Parenting (6)
Pervasive Development disorder (PDD) (1)
Phobias (3)
Poetry (13)
Post Traumatic Stress disorder (PTSD) (3)
Recovery (15)
Reference (14)
Rehabilitation (15)
Schizo-Affective (2)
Schizophrenia (2)
School Issues (6)
Self Injury (4)
Sexual Abuse (4)
Sleep (10)
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Stigma (7)
Suicide (4)
Teaching Resources (11)
Tourette's Syndrome (1)
Transition (15)

