



McHenry
County

NAMI Talks
Community
Education

Join Us...

Spirituality in Recovery

Thursday, November 21, 2019

7 pm - 8 pm Q&A to follow



What matters the most to you?

What keeps you going in your recovery?

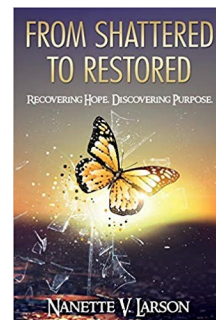


Our Presenter, Nanette Larson, currently serves as Deputy Director and Ambassador for the Illinois Department of Human Services, Division of Mental Health. In this statewide position, she provides leadership and consultation to further the development of recovery-oriented services within the mental health system. Nanette is a nationally recognized leader in the mental health recovery movement and has provided numerous presentations to diverse audiences on recovery, spirituality, and related topics.

In 2011, she became an ordained minister, serving and teaching within her local congregation, Judah International Ministries, in Mackinaw, IL. Additionally, Nanette has established a training and consulting business, Whole Health TEC, designed to empower individuals and organizations to walk in the wisdom of wellness. Nanette has a BA in Psychology and Religion from Illinois Wesleyan University and recently released her first book, *From Shattered to Restored: Recovering Hope. Discovering Purpose*. Nanette's passion for recovery comes from her personal experience of recovering from mental illness.

Nanette seeks to impart, instruct and encourage others to experience hope, wisdom, and a strengthened sense of purpose. Her message is powerful, inspirational and motivational.

She will make you laugh, she will make you cry, but most importantly, she will make you think!



If you know of someone who would benefit from this presentation, feel free to invite them to join you. These presentations are open and free to the community. **Registration is not required.**

FOR MORE INFORMATION CONTACT: NAMI McHenry County at 815-308-0851

LOCATION: Community Resource Center, 620 Dakota Street, Crystal Lake, IL 60012